IN THE SPECIFICATION

Please amend the specification as follows:

Page 4, line 27, change "thee" to ---three---.

IN THE CLAIMS

Please amend claims 1-15 as follows:

- 1. (Amended) A protective [Protective] helmet [(1)] of the type including a main outer shell [(2) constituted] formed by a wall [(5)] having a front facial opening [(3)], [characterized in that] wherein the rear lower portion [(8)] of the wall, [(5)] which corresponds to the zone occupied by the nape of the user, includes resilient bending means [(13, 14a, 14b, 14'a, 14'b)].
- 2. (Amended) A protective [Protective] helmet [(1)] according to claim 1, [characterized in that] wherein the wall [(5)] of the main outer shell [(2)] is made out of a deformable material.
- 3. (Amended) A protective [Protective] helmet [(1)] according to claim 2, [characterized in that] wherein the wall [(5)] of the outer shell [(2)] is made out of a plastic material.
- 4. (Amended) A protective [Protective] helmet [(1)] according to claim 2, [characterized in that] wherein the wall of the outer shell [(2)] is made out of a composite material.